

## Form 3B: Impact Statement

### Assistance

*Pathways is committed to providing a trauma-informed, individualised service. As such, Pathways can assist in completion of this form. Alternatively, should your preference be to complete this form independently, or with a support person, Pathways can facilitate this preference.*

### 24/7 support

*If you need immediate emotional support, 24 hour telephone assistance is available through:*

- *Beyondblue: 1300 224 636*
- *MensLine Australia: 1300 789 978*
- *Suicide Call Back Service: 1300 659 467*
  - *1800RESPECT: 1800 737 732*
  - *Lifeline: 13 11 14.*

### Legal Advice

*Pathways Victoria strongly encourages victim/survivors to contact their legal representative in relation to any questions regarding this form. Should you be unrepresented, free independent legal advice can be obtained from Knowmore Legal. Their contact number is 1800 605 762. Their website is <https://knowmore.org.au/>*

### Police

*Pathways encourages all allegations of criminal abuse to be reported to police through [sanotaskforce@police.vic.gov.au](mailto:sanotaskforce@police.vic.gov.au) or call [1800 110 007](tel:1800110007). Alternatively any local police station.*

## Part 1: Emotional Impact

You can use this part to describe any emotional impacts this has caused you. This can include;

- Your feelings of wellbeing or enjoyment of life
- Any emotions or feelings (hurt, anger, fear)
- The effect on your lifestyle (sleeping, eating, working)
- Psychological effects (depression, anxiety)

1.

## Part 2: Physical Impact

You can use this part to describe any physical injuries you have suffered, how they have affected your life, and/or any ongoing physical impacts on your life.

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### Part 3: Social Impact

You can use this section to describe any other problems this has caused you in your life. This can include;

- Work or study commitments
- Family or social life (social events, friendships, sporting commitments)
- How safe you feel

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### Part 4: Financial Impact

You can use this section to tell us about payments that may have been made previously to recognise the harm done, such as victims of crime, or court awarded payments. It's important for Pathways to know if part of the prior payment was made for legal costs or other expenses (for example medical, dental or other treatment). You can attach copies of any documents that you feel support your application in Step 3. If you have settlement, legal or other documents that show the prior payment amount and when it was paid to you, please attach these and number and name them in Part 4(b) of this form. Please let Pathways know if you would like to include any documents you have already provided in Step 2. Some examples might be medical records or a psychological report. Please send copies as original documents cannot be returned.

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### Part 4(b): Attachments

Number	Type of Document

## Part 5: Acknowledgement and Signature

Name:

Signature:

Date:

